

Combe Down Primary School Physical Activity Policy  
*Draft for Consultation*

## 1. INTRODUCTION

Combe Down Primary School is committed to promoting the health and well being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at our school.

The policy was formulated through consultation with members of staff, governors, parents, pupils, and our school nurse and was implemented September 2009.

## 2. ETHOS & ENVIRONMENT

Combe Down Primary School strives to maximize opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

## 3. PHYSICAL ACTIVITY POLICY CO-ORDINATOR

The school physical activity policy and strategy co-ordinator is Tracy Hawes

## 4. PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well being of pupils, staff and visitors.

Our specific objectives are as follows:

To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes

To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day

To increase physical activity levels of pupils in line with national targets

## 5. EQUAL OPPORTUNITIES

All physical activity opportunities offered at Combe Down Primary School are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equal Opportunities and Gifted and Talented policy.

## 6. RESOURCE PROVISION

Combe Down Primary has a school hall, which is equipped with portable apparatus for gymnastics, basketball and a music centre to support the teaching of dance. For the teaching of games, there are two large playgrounds, with markings and three Astroturf areas suitable for games. We have opportunity to use various fields near to the school and use a local swimming pool for lessons in Year 3 and 4. An annual audit of all physical education equipment is conducted by the PE co-ordinator in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE Cupboard, and planning resources can be found either within each yeargroup or from the PE Coordinator.

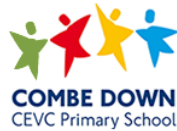
## 7. STAFF RESPONSIBILITY & DEVELOPMENT

Primary Link Teacher / Schools Sports Co-ordinator: Tracy Hawes / Josh Holt

School Travel Plan Co-ordinator: Adrian Smith / Richard Bullard

Staff are encouraged to attend courses offered by the county and by the TOPS programme. All staff recently received basic training in Wake and Shake and some aspects of SAQ (Skill, agility quickness). Our partnership with the Ralph Allen School Sports cluster has widened the school's relationships with external agencies. As a result, local coaches often come into school and work alongside teachers.





## 8. CURRICULUM PROVISION

### Organisation

The PE programme is taught by class teachers, with the exception of swimming. This is taught by specialised swimming instructors and by the PE Coordinator.

Each child will receive the following ACTIVE PE time per week:

Foundation Stage: 50 mins x 2 lessons and 20 mins per day of active play activities.  
Year 1 and 2: 50 minutes x 2 lessons plus various wake and shake activities and jogging.  
Year 3 and 4: 2x 50 minutes including a swimming session for half the year group on a rota system plus various wake and shake activities and jogging.  
Year 5 and 6: 2 x 60min lessons plus various wake and shake activities and jogging.

### Planning:

The school scheme of work is based on the progressive learning objectives outlined in the QCA scheme of work. In both key stages we teach gymnastics, dance, games, and athletics with the addition of outdoor adventure activities and swimming in key stage 2. In the Foundation Stage, activities to support learning from the areas of 'Physical Development' and 'Creative Development' in the Early Learning Goals are planned daily.

### Cross curricular links

Whilst retaining its unique contribution to a pupil's movement education, physical education also has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

### Assessment

Teachers use the end of topic expectations from the QCA, and the level descriptors in the National Curriculum to help them provide a level for pupils.

## 9. EXTRA CURRICULAR PROVISION

### Break times / lunch times

We have recently updated our markings to the playground in order to stimulate children at playtimes. Children are encouraged to throw and catch at play, and often bring their own footballs to play with. Each year group has their own playground equipment to play with at lunchtimes. The children are responsible for monitoring their equipment (stored in a box) and handing equipment out to their friends. We have various Play zones including the skipping zone. Children are led by Play Leaders (Y5/Y6) who run and supervise activities in separate playgrounds and are also around to make sure that children are all engaged and not on their own. Buddy Benches are also available for children to sit on if they feel they are on their own.

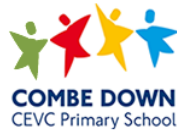
### After school clubs

We aim to encourage all pupils to take part in a range clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who do not take part in (extra) regular exercise (linked to PESCCCL Survey). A range of other clubs are offered; these may include gymnastics, netball, football, Tag Rugby or hockey.

### Competition

Pupils take place in a range of intra-school and inter-school competitions organised through the School Sport Partnership. These include BANES Gym competitions, swimming festival, local Tag Rugby Festivals and the Football league.





#### 10. ACTIVE TRAVEL

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in Walk to School Week annually.

#### 11. COMMUNITY PARTNERS / LINKS

The school is part of the Oldfield School Sports Partnership (Ralph Allen Sports Cluster). We have also established links with a number of local clubs including Bath Rugby and Team Bath. Parents also regularly assist with the provision of after school clubs.

#### 12. STAFF ACTIVITY

Our staff aspire to be positive role models for our children. We aim to take part in physical activity whenever possible, for e.g. racing the children at sports day and an annual Staff Netball match. Staff often play games with children at playtime and demonstrate physical activity during PE lessons.

#### 13. HEALTH & SAFETY

Please refer to the school's health and safety policy and risk assessment file. Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on CRB / staffing checks.

#### 14. MONITORING & EVALUATION

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data collected as part of the PESSCL requirement.

Policy date:

Signed: